

Things we can do at home to make a difference



Travel Less and Travel Smart

Is that trip really necessary?

Cars add ~500 kg of CO₂ to the atmosphere per 1000 miles¹

Use public transportation, combine trips, carpool, etc.



Eat Less Meat!

Animal Agriculture is one of the largest contributors to Greenhouse Gas emissions².

Start easy: Start by cutting out meat just one or two days a week.



Use Hot Water Sparingly

The hot water heater is the most energy intensive appliance in the home after heating & AC³

Clothes washed in cold typically get as clean as those washed in hot water



Invest in climate friendly household equipment.

Low cost: LED lights.

Medium cost: Electric appliances vs gas.

High costs: Solar panels, heat pumps, electric vehicles.



Reduce your use of plastic products

Avoid bottled water!

Less than 30% of plastic water bottles are recycled⁴. The rest go in landfills, ditches, lakes or oceans.



Support organizations working for a Greener future.

Put your money where your heart is! Donate to an Environmental cause (or two).

Sources:

¹ <https://www.epa.gov/greenvehicles/greenhouse-gas-emissions-typical-passenger-vehicle#burning>

² <https://www.epa.gov/snep/agriculture-and-aquaculture-food-thought>

³ <https://www.directenergy.com/learning-center/what-uses-most-electricity-in-my-home>

⁴ <https://www.epa.gov/facts-and-figures-about-materials-waste-and-recycling/plastics-material-specific-data>