

## Spiritual Directors April 2024

Susan Delany [delaneysusan@outlook.com](mailto:delaneysusan@outlook.com)

Location: The House of Prayer in Watchung but would be willing to meet with people in their church if it is close by, or virtually.

Style: The contemplative, evocative approach and the Ignatian approach

Training: I studied for my MA in Christian Spirituality and received my certificate in Spiritual Direction and directing retreats.

Religious Affiliation: Roman Catholic

Fee: Yes

Bob Fitzpatrick [bobfitz64@verizon.net](mailto:bobfitz64@verizon.net)

Location: Merchantville, virtual and in person

Style: Ignatian imagery, reflective listening, group spiritual direction

Training: Adelynrood School for Spiritual Direction, General Theological Seminary

Religious affiliation: Episcopalian, priest

Fee: Yes

Debra Brewin-Wilson [debbie@wisdomharp.com](mailto:debbie@wisdomharp.com)

Location: Point Pleasant Beach, NJ and on Zoom

Style: Contemplative listening but individualized for the directee.

Training: The Shalem Institute for Spiritual Formation

Religious affiliation: Christian (Episcopalian)

Fee: Yes (sliding scale)

Laura Craig [revlaura.gfm@gmail.com](mailto:revlaura.gfm@gmail.com)

Location: Princeton and zoom.

Style: a blending of things, but primarily contemplative listening. Since I am an interspiritual minister, I draw from all traditions.

Trained: Oasis Ministries in PA.

Religious Affiliation: interspiritual and interfaith.

Yes, I request a fee.

Allison Burns-LaGreca [allisonlagreca@gmail.com](mailto:allisonlagreca@gmail.com)

Location: Stone Harbor, NJ/ I prefer in-person but am willing to do virtual.

Style: I work with the directee to match the style that suits them best. Together, we will explore what allows the Spirit to speak most deeply to them.

Training: Certificate in Spiritual Direction from the General Theological Seminary and a certificate in Holistic Health Coaching from the Institute of Integrated Nutrition.

Religious Affiliation: Episcopal Priest active in the Diocese of New Jersey

A free-will offering is greatly appreciated but not required.

Regina Furlan [rfurlan19@gmail.com](mailto:rfurlan19@gmail.com)

Location: at St. Rose of Lima in Short Hills, NJ and virtually.

Style: Ignatian based, contemplative listening approach.

Training: St. Francis Xavier Parish in NYC.

Religious Affiliation: Roman Catholic. I have directees from various religious backgrounds.

Fee: Yes

Donna McCabe [donna.mccabe2nj@aol.com](mailto:donna.mccabe2nj@aol.com)

Location: Westfield area of New Jersey, and virtually.

Style: Contemplative Listening and Ignatian Imagery.

Training: Certification in Spiritual Direction from The Upper Room, Neptune NJ.

Religious Affiliation: Roman Catholic, accept directees from all faith traditions.

Fee: Yes

Bridgette Pinceli [bjpincelli@gmail.com](mailto:bjpincelli@gmail.com)

Location: Monroe Twp, House of Prayer, and virtual

Style: Ignatian Contemplative Listening

Training: The Upper Room, Neptune NJ

Religious Affiliation: Episcopal Deacon

Fee: Yes, sliding scale

Lorraine Kolankowski [Lkolankowski@aol.com](mailto:Lkolankowski@aol.com)

Location: St Joseph's in Bogota NJ, Virtual

Style: Contemplative/evocative Ignatian Spirituality

Training: The Upper Room, Neptune, NJ

Religious Affiliation: Roman Catholic

Fee: Yes.

Sr. Eileen Smith [sr.eileen@msmhope.org](mailto:sr.eileen@msmhope.org)

Location: Mary House of Prayer, Watchung

Style: Contemplative eclectic,

Training: MT St. Mary House of Prayer

Religious Affiliation: Roman Catholic, Sister of Mercy

Fee: Yes-all fees go to the ministry of Mt St. Mary's

\*\* Bi-Lingual\*\*

Ed Chinery [chedwin57@gmail.com](mailto:chedwin57@gmail.com)

Location: NYC, NY. And Virtual

Style: Anam Cara-Co-explorer of spirituality.

Training: Spiritual Direction Certificate from The General Seminary

Religious Affiliation: Episcopalian, welcoming all walks of faith.

Fee: None required.

Rhonda Jackson [Rhondacm@yahoo.com](mailto:Rhondacm@yahoo.com)

Location: Cape May, NJ Phone or virtual

Style: Reflective Listening, Ignatian Imagery, Mindful Meditation, Native/Indigenous

Training: Oasis Ministries

Religious Affiliation: Episcopalian

Fee: Range based

Karla Droste [karlad123@sbcglobal.net](mailto:karlad123@sbcglobal.net) 510-599-2936

Location: France....virtual only.

Style: Enneagram, Myers-Briggs, mindfulness, and spiritual gifts discernment. She believes that the focus of spiritual direction is to deepen our relationship with God and ourselves.

Training: The Mercey Center, Burlingame, California

Religious Affiliation: Episcopalian, welcoming all spiritual faiths.

Fee: yes